

Menu Item / Contains

	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
On your table														
Salt														
Pepper														
Brown sauce		y												
Tomato sauce	y													
Semi skimmed milk							y							
Butter							y							
Flora							y							

On the buffet bar

Weetabix		y												
Fruit & Fibre		y								y	y			
Crunchy Nut Cornflakes		y								y	y			
Coco Pops		y												
Cornflakes		y												
Aplen		y					y			y	y			
Grape fruit segments														
Prunes														
Dried Fruit										y	y	y		y
Yogurts, all flavours							y			y				
Boddingtons jam & marmalade														
Robertson jam & marmalade														y
Marmite		y												
Nutella (chocolate spread)							y			y	y		y	
Honey														
Peanut butter										y	y			

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Teacake		y		y			y					y		
Bagel		y					y					y	y	
Cream Cheese							y							
White & Brown bread / toast / fried		y											y	
Gluten free bread / toast				y										

Honesty fridge items

Please ask for assistance or read packet information.

Cereal bar (pre-order) contains oats										y	y	y		
Orange juice carton (pre-order)														

Room items

Tea & Fruit infusions														
Coffee (Filter, Nescafe & Decaf)														
Milk portions							y							
Biscuit		y					y			y			y	

We produce the food in our kitchen, where allergens are handled (including nuts) , we try to keep things separate we cannot guarantee any item is allergen free. Please ask if you have any questions.